

esselon

— BREAKFAST UNTIL 3 PM —

TWO EGGS ANY STYLE two eggs any style served with a grilled potato cake, toast and organic mixed greens in our balsamic vinaigrette.	9	TUPELO HASH two Maine crab cakes and two poached eggs, topped with lemon butter sauce, served with avocado, toast, and organic mixed greens in our balsamic vinaigrette.	17	BIG BREKKIE two eggs any style, sausage, bacon, sautéed mushrooms, grilled potato cake, and toast.	14
THREE EGG OMELETTES <i>(no substitutions please)</i> • mushroom, cheddar, and ham omelette served with toast and organic mixed greens in our balsamic vinaigrette. • spinach, feta, and roasted red pepper omelette served with toast and organic mixed greens in our balsamic vinaigrette. • golden beet, goat cheese, lacinato kale, radish pesto	12	CHEESECAKE STUFFED STRAWBERRY BREAD FRENCH TOAST Served with Hadley maple syrup.	14	VEGGIE BREKKIE two eggs any style, sautéed spinach, mushrooms, and a grilled potato cake, served with toast and organic mixed greens in our balsamic vinaigrette. add veggie sausage +2.50	12
EGG SANDWICH two over medium eggs and cheddar cheese on a grilled organic ciabatta roll. served with a grilled potato cake and organic mixed greens in our balsamic vinaigrette. add bacon, ham or veggie sausage +2.50 add sausage +4	8.50	CHALLAH FRENCH TOAST <i>(please allow extra time for french toast)</i> with North Hadley Sugar Shack maple syrup. add strawberry compote and fresh berries +3	12	VEGAN BREKKIE (v,g) tofu scramble, sautéed spinach, mushrooms, avocado, and grilled tomato served with toast and organic mixed greens in our balsamic vinaigrette. add veggie sausage +2.50	13
		PANCAKES with North Hadley Sugar Shack maple syrup. add yogurt, fresh berries, and banana +3	11	BREAKFAST BURRITO (G) a warm white or wheat tortilla filled with scrambled eggs, guacamole, cheddar cheese, spinach, pico de gallo, and sour cream or yogurt. served with a grilled potato cake and organic mixed greens in our balsamic vinaigrette.	12
		BLUEBERRY PANCAKES with North Hadley Sugar Shack maple syrup. add yogurt, fresh berries, and banana +3	12		

BREAKFAST SIDES

½ ORDER OF PANCAKES	6.50	GRILLED POTATO CAKE	2	BACON (APPLEWOOD SMOKED)	4
½ ORDER OF BLUEBERRY PANCAKES	7	TOAST-SOURDOUGH OR MULTIGRAIN	2.50	HAM	4
BOWL OF FRESH BERRIES	5.50	TOAST-NON-GLUTEN	3.50	VEGGIE SAUSAGE	3
EXTRA EGG	2	ORGANIC MIXED GREENS SALAD	5	CRABCAKE	6
SLICED BANANA	1.50	SAUSAGE (CHICKEN + ROSEMARY)	4	CHEDDAR, SWISS, OR FETA CHEESE	1.25
				AVOCADO OR GUACAMOLE	1.50

— AVAILABLE AFTER 11 AM —

ESSELON SALAD (v,g) organic mixed greens tossed in our balsamic vinaigrette, topped with tomato, cucumber, carrots, pine nuts, and avocado, served with fresh baguette	12	CHICKEN QUESADILLA grilled white or wheat tortilla stuffed with southwestern spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. served with guacamole, sour cream or yogurt, and organic mixed greens in our balsamic vinaigrette.	12.50	GRILLED CHICKEN SANDWICH (G) seasoned chicken breast with roasted red peppers, lettuce, tomatoes and aioli on a ciabatta roll, served with organic mixed greens in our balsamic vinaigrette	13
SUMMER COBB SALAD Grilled summer squash, crisp prosciutto, hard boiled egg, pickled red onion, grape tomato, carrots, organic mixed greens, lemon vinaigrette	14	ESSELON BURRITO (v,g) grilled white or wheat tortilla stuffed with spanish rice, refried black beans, cheddar cheese, organic romaine lettuce, pico de gallo, guacamole, and sour cream or yogurt. choice of southwestern spiced Vermont Soy tofu or chicken. served with organic mixed greens in our balsamic vinaigrette.	13	JUICY GOURMET BURGER (G) 100% grass fed beef burger with caramelized onions, tomato relish, lettuce, and choice of cheese on a Woodstar ciabatta bun with organic mixed greens in our balsamic vinaigrette. add mushrooms +2.25 add applewood smoked bacon +2.50	15
MEDITERRANEAN SALAD (v,g) organic mixed greens, kalamata olives, and feta cheese tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous with walnuts. served with flatbread.	14	PULLED PORK TACOS Vermont pulled pork, Next Barn Over cabbage slaw, salsa verde, cotija cheese, Mi Tierra tortillas	16	MARGHERITA PIZZA Esselon Farm basil, fresh mozzarella, tomato, Red Fire Farm tomato sauce.	14
AVOCADO SALAD (v,g) organic mixed greens tossed with avocado, gorgonzola cheese, Bashista Orchards apples and sherry vinaigrette. topped with candied pecans. served with fresh baguette.	13	GRILLED CHEESE (G) cheddar cheese on grilled sourdough, served with a cup of roasted tomato bisque. avocado or sliced tomato +1.50 smokehouse ham +2.50 applewood smoked bacon +2.50	9	PORTABELLO SANDWICH (v,g) roasted portabello, sautéed spinach, roasted red peppers, aioli, balsamic onion jam, and choice of cheese on a ciabatta roll with organic mixed greens in our balsamic vinaigrette	11
				ESSELON TUNA SANDWICH (G) sustainably pole and troll caught albacore wild tuna in citrus vinaigrette with organic lettuce, tomato and avocado.	11

FRENCH FRIES (v,g)
side **5** platter **6.50**
house cut traditional pomme frites served with housemade aioli. substitute a side of french fries or a cup of soup for side salad

SOUPS
cup **5** bowl **6.50**
soup of the day, vegan soup and tomato bisque always available. served with fresh baguette.

KIDS' MENU

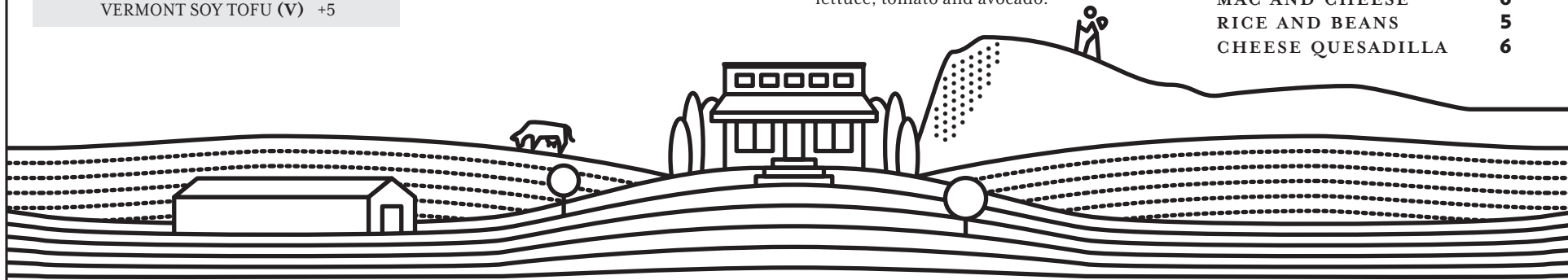
*Ages 12 and under.
All served with organic mixed greens*

AVAILABLE ALL DAY

BABYCAKES	5
BLUEBERRY BABYCAKES	6
FRENCH TOAST	6
ONE EGG WITH TOAST	5

AVAILABLE AFTER 11

BABY BURGER	6
GRILLED CHEESE	6
MAC AND CHEESE	6
RICE AND BEANS	5
CHEESE QUESADILLA	6



Before placing your order, please inform your server if a person in your party has a food allergy.

{Note: The Massachusetts Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal foods reduces the risk of illness.}