ESSELON  
BREAKFAST 7 AM – 3 PM

**ESSELON SALAD (v,g)** 12
organic mixed greens tossed in our balsamic vinaigrette, topped with tomato, cucumber, carrots, pine nuts and avocado, served with fresh baguette.

**GOLDEN BEET CORB SALAD** 14
roasted golden beet, crisp prosciutto, hard boiled egg, pickled red onion, grape tomato, carrots, organic mixed greens, lemon vinaigrette.

**MEDITERRANEAN SALAD (v,g)** 14
organic mixed greens, kalamata olives, and feta cheese tossed in our balsamic vinaigrette, topped with tomato, hummus, and couscous with walnuts, served with flatbread.

**AVOCADO SALAD (v,g)** 13
organic mixed greens tossed with avocado, gorgonzola cheese, Bashista Orchards apples and sherry vinaigrette, topped with candied pecans, served with fresh baguette.

**CHICKEN QUESADILLA** 12.50
grilled white or wheat tortilla stuffed with southwestern spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. served with guacamole, sour cream and yogurt, and organic mixed greens in our balsamic vinaigrette.

**ESSELON BURRITO (v,g)** 13
grilled white or wheat tortilla stuffed with spanish rice, refried black beans, cheddar cheese, organic romaine lettuce, pico de gallo, guacamole, and sour cream or yogurt. choice of southwestern spiced Vermont Soy tofu or chicken, served with organic mixed greens in our balsamic vinaigrette.

**TACOS SALMON** 17
honey marinated Faroe island salmon, esselon farm cabbage slaw, golden heirloom tomato salsa, cotija cheese, mi terra tortillas.

**GRILLED CHEESE (g)** 9
cheddar cheese on grilled sourdough, served with a cup of roasted tomato bisque, avocado or sliced tomato +1.50 smokedhouse ham +2.50 applewood smoked bacon +2.50

**RED WINE SAUSAGE PIZZA** 14
Red wine sausage with Eseslon Farm peppers, fresh mozzarella, Eseslon Farm basil pesto, served with organic mixed greens in our balsamic vinaigrette.

**CHICKEN ROLLMOPS** 14
grilled chicken breast rolled in a balsamic vinaigrette and served with organic mixed greens.

**ESSELON TUNA SANDWICH (g)** 11
sustainably pole and troll caught Albacore tuna in citrus vinaigrette with organic lettuce, tomato and avocado.

**ESSELON TUNA SANDWICH (g)** 11
sustainably pole and troll caught Albacore tuna in citrus vinaigrette with organic lettuce, tomato and avocado.

**GRILLED CHICKEN SANDWICH (g)** 13
seasoned chicken breast with roasted red peppers, lettuce, tomatoes and aioli on a ciabatta roll, served with organic mixed greens in our balsamic vinaigrette.

**JUICY GOURMET BURGER (g)** 15
100% grass fed beef burger with caramelized onions, tomato relish, lettuce, and choice of cheese on a Woodstar ciabatta bun with organic mixed greens in our balsamic vinaigrette. add mushrooms +2.25 add applewood smoked bacon +2.50

**PORTABELLO SANDWICH (v,g)** 11
roasted portobello, sauteed spinach, roasted red peppers, aioli, balsamic onion jam, and choice of cheese on a ciabatta roll with organic mixed greens in our balsamic vinaigrette.

**ADD**

**GRILLED CHICKEN BREAST** +6

**GRILLED SALMON** +13

**GRILLED PORTABELLO MUSHROOM (V) +6

**VERMONT SOY TOFU (V) +5**

**FRENCH FRIES (v,g)**
house cut traditional pomme frites served with housemade aioli. substitute a side of french fries or a cup of soup for side salad.

**SOUPS**
cup 5 bowl 6.50

**KIDS’ MENU**
Ages 12 and under.
All served with organic mixed greens

**BABYCARES** 5

**BLUEBERRY BABYCARES** 6

**FRENCH TOAST** 6

**ONE EGG WITH TOAST** 5

**FRENCH FRIES (v,g)**
house cut traditional pomme frites served with housemade aioli. substitute a side of french fries or a cup of soup for side salad.

**SOUPS**
cup 5 bowl 6.50

**KIDS’ MENU**
Ages 12 and under.
All served with organic mixed greens

**BABYCARES** 5

**BLUEBERRY BABYCARES** 6

**FRENCH TOAST** 6

**ONE EGG WITH TOAST** 5

**KIDS’ MENU**
Ages 12 and under.
All served with organic mixed greens

**BABYCARES** 5

**BLUEBERRY BABYCARES** 6

**FRENCH TOAST** 6

**ONE EGG WITH TOAST** 5

**KIDS’ MENU**
Ages 12 and under.
All served with organic mixed greens

**BABYCARES** 5

**BLUEBERRY BABYCARES** 6

**FRENCH TOAST** 6

**ONE EGG WITH TOAST** 5

Before placing your order, please inform your server if a person in your party has a food allergy.

(Note: The Massachusetts Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or shellfish poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Though cooking of such animal foods reduces the risk of illness.)