**ESSELON BREAKFAST 7 AM - 3 PM**

**TWO EGGS ANY STYLE**
- Two eggs any style served with a grilled potato cake, toast, and mixed greens in our balsamic vinaigrette.

**THREE EGG OMELETTES**
- No substitutions please.
  - Mushroom, cheddar, and ham omelette served with toast and mixed greens in our balsamic vinaigrette.
  - Spinach, feta, and roasted red pepper omelette served with toast and mixed greens in our balsamic vinaigrette.

**EGG SANDWICH**
- Two over medium eggs and cheddar cheese on a grilled ciabatta roll. Served with a grilled potato cake and mixed greens in our balsamic vinaigrette.
  - Bacon, ham, or veggie omelette +2.50
  - Add sausage +4

**TUPELO HASH**
- Two Matte and two poached eggs, topped with lemon butter sauce, served with avocado, toast, and mixed greens in our balsamic vinaigrette.

**BANANA BREAD FRENCH TOAST**
- Cream cheese frosting, candied walnuts with North Hadley Sugar Shack maple syrup.

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**SIDES**

| SIDE OF TWO PANCAKES | $7
| FRUIT PLATTER | $8
| BOWL OF FRESH BERRIES | $5.50
| EXTRA EGG | $2
| SLICED BANANA | $1.50

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**ESSELON SALAD**
- Mixed greens tossed in our balsamic vinaigrette. Served with fresh baguette.

**ROASTED BEET SALAD**
- crisp prosciutto, hard boiled egg, pickled red onion, grape tomato, carrot, mixed greens, lemon vinaigrette. Served with fresh baguette.

**MEDITERRANEAN SALAD**
- Mixed greens, kalamata olives, and feta cheese tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous with walnuts. Served with flatbread.

**AVOCADO SALAD**
- mixed greens tossed with avocado, gorgonzola cheese. Bashiota Orchards apples and sherry vinaigrette. Topped with candied pecans. Served with fresh baguette.

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**CHICKEN QUESADILLA**
- grilled white or wheat tortilla stuffed with southwest spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. Served with guacamole, sour cream or yogurt, and mixed greens in our balsamic vinaigrette.

**ESSELON BURRITO**
- grilled white or wheat tortilla or bowl stuffed with Spanish rice, refried black beans, cheddar cheese, romaine lettuce, pico de gallo, guacamole, and sour cream or yogurt. Choice of southwest spiced Vermont Soy tofu or chicken. Served with mixed greens in our balsamic vinaigrette.

**SALMON TACOS**
- honey marinated Faroe Island salmon, cabbage slaw, golden heirloom tomato salsa, citrus salsa, and aioli. Served with mixed greens in our balsamic vinaigrette.

**GRILLED CHEESE**
- cheddar cheese on grilled sourdough, served with a cup of roasted tomato bisque. Available after 11AM. Served with mixed greens in our balsamic vinaigrette.

**GRILLED CHICKEN SALAD SANDWICH**
- seasoned chicken breast with roasted red peppers, lettuce, tomatoes and aioli on a ciabatta roll, served with mixed greens in our balsamic vinaigrette.

**JUICY GOURMET BURGER**
- Grass fed beef burger with caramelized onions, tomato relish, lettuce, and choice of cheese on a ciabatta roll with mixed greens in our balsamic vinaigrette. Add mushrooms +2.25

**PORTABELLO SANDICH**
- Roasted organic portobello, sauted spinach, roasted red peppers, aioli, balsamic onion jam, and choice of cheese on a ciabatta roll with mixed greens in our balsamic vinaigrette.

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**LUNCH 11AM - 3PM**

**FRENCH FRIES**
- Traditional pomme frites served with housemade aioli. Substitute a side of french fries or a cup of soup for side salad.

**SOUPS**
- cup of soup $5.50 bowl $6.50

**KIDS’ MENU**
- Ages 12 and under.

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**ADD**
- CITRUS TUNA SALAD +6
- CRAB CAKE +6
- GRILLED CHICKEN BREAST +6
- GRILLED FAROE ISLAND SALMON +13
- GRILLED PORTOBELLO MUSHROOM +4
- VERMONT SOY TOFU +5

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Before placing your order, please inform your server if a person in your party has a food allergy.

(Note: The Massachusetts Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Though cooking of such animal foods reduces the risk of illness.)