## Breakfast 7 AM – 3 PM

### Two Eggs Any Style
- Two eggs any style served with a grilled potato cake, toast and mixed greens in our balsamic vinaigrette.
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### Three Egg Omelettes
- Three egg omelettes (no substitutions please)
  - Mushroom, cheddar, and ham omelette served with toast and mixed greens in our balsamic vinaigrette.
  - Spinach, feta, and roasted red pepper omelette served with toast and mixed greens in our balsamic vinaigrette.

### Egg Sandwich
- Two over medium eggs and cheddar cheese on a grilled ciabatta roll. Served with a grilled potato cake and mixed greens in our balsamic vinaigrette.
  - Add bacon, ham, or veggie sausage +2.50 add sausage +4

### Tulepo Hash
- Two over medium eggs and two poached eggs, topped with lemon butter sauce, served with avocado, toast, and mixed greens in our balsamic vinaigrette.

### Strawberry Bread French Toast
- Strawberry bread french toast with cream cheese frosting.
  - Add strawberry compote and fresh berries +3

### Sides

<table>
<thead>
<tr>
<th>Side</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Grilled Potato Cake</td>
<td>2.50</td>
</tr>
<tr>
<td>Toast-Sourdough or Multigrain</td>
<td>2.50</td>
</tr>
<tr>
<td>Mixed Greens Salad</td>
<td>5.00</td>
</tr>
<tr>
<td>Sausage (Chicken + Rosemary)</td>
<td>5.00</td>
</tr>
<tr>
<td>Bacon (Applewood Smoked)</td>
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</tbody>
</table>

### Lunch 11 AM - 3 PM

### Esselton Salad (V, G)
- Mixed greens tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous with walnuts. Served with fresh baguette.

### Roasted Beet Salad
- Crisp prosciutto, hard boiled egg, pickled red onion, grape tomato, carrot, mixed greens, lemon vinaigrette. Served with fresh baguette.

### Mediterranean Salad (V, G)
- Mixed greens, kalamata olives, and feta cheese tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous.

### Avocado Salad (V, G)
- Mixed greens tossed with avocado, gorgonzola cheese, Bashi Ranch carrots and sherry vinaigrette. Topped with candied pecans. Served with fresh baguette.

### Grilled Cheese (V, G)
- Grilled cheese on a grilled sourdough, served with a cup of roasted tomato bisque. Available after 11.

### Grilled Chicken Sandwich (V, G)
- Grilled chicken breast on a ciabatta roll, served with mixed greens in our balsamic vinaigrette.

### Grilled Chicken Sandwich with Tomato, Hummus, and Cous Cous (V, G)
- Grilled chicken breast on a ciabatta roll, served with mixed greens in our balsamic vinaigrette.

### Grilled Portobello Mushroom (V, G)
- Grilled portobello mushroom on ciabatta roll with mixed greens in our balsamic vinaigrette.

### Grilled White or Wheat Tortilla or Bowl
- Grilled white or wheat tortilla or bowl stuffed with southwest spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. Served with guacamole, sour cream or yogurt. Choice of southwest spiced Vermont Soy tofu or chicken. Served with mixed greens in our balsamic vinaigrette.

### Grilled White or Wheat Tortilla or Bowl (V, G)
- Grilled white or wheat tortilla or bowl stuffed with southwest spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. Served with guacamole, sour cream or yogurt. Choice of southwest spiced Vermont Soy tofu or chicken. Served with mixed greens in our balsamic vinaigrette.

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### french fries (V, G)
- French fries served with household aioli. Available after 11.

### Kids’ Menu
- Ages 12 and under.

### French Fries (V, G)
- French Fries served with housemade aioli. Available after 11.

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<tr>
<td>Grilled WHITE or wheat Tortilla or Bowl</td>
<td>7.50</td>
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<tr>
<td>Grilled Portobello Mushroom</td>
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### Add

- CITRUS TUNA SALAD +6
- CRAB CAKE +6
- GRILLED CHICKEN BREAST +6
- GRILLED FAROE ISLAND SALMON +13
- GRILLED PORTOBELLO MUSHROOM (V) +4
- VERMONT SOY TOFU (V) +5

### Before placing your order, please inform your server if a person in your party has a food allergy.

(Note: The Massachusetts Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal foods reduces the risk of illness.)