### Breakfast 7 AM – 3 PM

**Two Eggs Any Style** 9.50
Two eggs any style served with a grilled potato cake, toast, and mixed greens in our balsamic vinaigrette.

**Three Egg Omelettes** 13.50
(no substitutions please)
- Mushroom, cheddar, and ham omelette served with toast and mixed greens in our balsamic vinaigrette.
- Spinach, feta, and roasted red pepper omelette served with toast and mixed greens in our balsamic vinaigrette.

**Egg Sandwich** 9
Two over medium eggs and cheddar cheese on a grilled ciabatta roll. served with a grilled potato cake and mixed greens in our balsamic vinaigrette. Add bacon, ham, or veggie sausage +2.50. Add sausage +4.

**Tupelo Hash** 19
Two poached eggs, topped with lemon butter sauce, served with avocado, toast, and mixed greens in our balsamic vinaigrette.

**Blueberry Lemon Bread French Toast** 15
Topped with cream cheese frosting, served with strawberry compote and fresh berries +3.

### Sides

**Side of Two Pancakes** 8
**Side of Two Blueberry Pancakes** 9
**Bowl of Fresh Berries** 5.50
**Extra Egg** 2
**Sliced Banana** 1.50

**Grilled Potato Cake** 2
**ToAST-Sourdough or Multigrain** 2.50
**ToAST-Non-GLuTeN** 3.50
**Mixed Greens Salad** 5
**Sauce (Chicken + Rosemary)** 5
**Bacon (Applewood Smoked)** 4.50

### Lunch 11 AM – 3 PM

**Esselon Salad (v,g)** 14
Mixed greens tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous with walnuts. served with flatbread.

**Roasted Beet Salad** 15
Crisp prosciutto, hard boiled egg, pickled red onion, grape tomato, carrot, mixed greens, lemon vinaigrette. served with fresh baguette.

**Mediterranean Salad (v,g)** 15
Mixed greens, kalamata olives, and feta cheese tossed in our balsamic vinaigrette, topped with tomato, hummus and cous cous with walnuts. served with flatbread.

**Avocado Salad (v,g)** 15
Mixed greens tossed with avocado, gorgonzola cheese, Bashiorda Orchards apples and sherry vinaigrette. topped with candied pecans. served with fresh baguette.

**Chicken Quesadilla** 14
Grilled white or wheat tortilla stuffed with southwestern spiced chicken, cheddar cheese, caramelized onion, and pico de gallo. served with guacamole, sour cream or yogurt, and mixed greens in our balsamic vinaigrette.

**Esselon Burrito (v,c)** 14
Grilled white or wheat tortilla or bowl stuffed with Spanish rice, refried black beans, cheddar cheese, romaine lettuce, pico de gallo, guacamole, and sour cream or yogurt. choice of southwestern spiced Vermont Soy tofu or chicken. served with mixed greens in our balsamic vinaigrette.

**Salmon Tacos** 19
Honey marinated Faroe Island salmon, cabbage slaw, golden heirloom tomato salsa, cotija cheese, and tortilla. served in a flour tortilla. served with mixed greens in our balsamic vinaigrette.

**Grilled Cheese (c)** 11
Cheddar cheese on grilled sourdough, served with a cup of roasted tomato bisque. avocado or sliced tomato +1.50. served with fresh baguette.

**Grilled Chicken Sandwich (g)** 14
Seasoned chicken breast with roasted red peppers, lettuce, tomatoes and aioli on a ciabatta roll. served with mixed greens in our balsamic vinaigrette.

**JUICY GOURMET BURGER (g)** 16
Grilled beef burger with caramelized onions, tomato relish, lettuce, and choice of cheese on a ciabatta roll with mixed greens in our balsamic vinaigrette. Add mushrooms +2.25. Add applewood smoked bacon +2.50.

**Portabello Sandwich (v,g)** 13
Roasted organic portobello, sautéed spinach, roasted red peppers, aioli, balsamic onion jam, and choice of cheese on a ciabatta roll with mixed greens in our balsamic vinaigrette.

**Esselon Tuna Sandwich (g)** 13
Sustainably pole and troll caught albacore wild tuna in citrus vinaigrette with lettuce, tomato and avocado. served with mixed greens in our balsamic vinaigrette.

### Kids’ Menu

**Ages 12 and under.**

**Babysakes** 6
**Baby Chicken Breast** 7
**Baby Grilled Cheese** 7
**Baby Mac & Cheese** 7
**Baby Rice and Beans** 5
**Baby Cheese Quesadilla** 7

### French Fries (v,g)
Side 5.50
Haut cut traditional pomme frites served with housemade aioli. Substitute a side of French fries or a cup of soup for side salad.

### SOUPS

**Cup 5.50**
Soup of the day, vegan soup and tomato bisque always available. served with fresh baguette.

### Available All Day

**Babybacon** 6
**Babysausage** 7
**Baby French Toast** 7
**Baby One Egg With Toast** 5

### Available After 11

All served with a side salad.

**Baby Burger** 7
**Grilled Cheese** 7
**Mac and Cheese** 7
**Rice and Beans** 5
**Cheese Quesadilla** 7

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Before placing your order, please inform your server if a person in your party has a food allergy.

(Note: The Massachusetts Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Through cooking of such animal foods reduces the risk of illness.)